### **Financial and Legal Planning for Individuals with Special Needs:**

#### How to Care and Prepare for Your Child Future

Presentation to the

**Parents and Families of The CAPE Resources Center** 

June 4, 2025

## **Our Discussion Today**

- Introduction
- Our Discussion Today
- Who We Are
  - **Estate Planning & Government Benefits**
  - **Protection Planning** \*
  - Managing Investment Assets for Today and Tomorrow \*\*
- Final Questions to Consider
- Q & A Segment
- How to Contact Us





## **Profile: Who We Are**

### Lori Wolf, Esq.

- Member of the firm's Tax, Trust and Estates Department.
- Counsel individuals, families and business owners in all aspects of Tax, Trust

and Estate Planning and Business Succession Planning.

- Emphasis on wills, trusts and sophisticated tax planning techniques and corporate planning involving closely held businesses
- Focus on planning for families which have children with special needs and elder care planning
- Active member of the Women President's Organization.
- Earned a B.A. from Washington University in St. Louis, a J.D. from Washington University in St. Louis
- Masters in Tax Law (L.L.M.) from New York University School of Law



## **Profile: Who We Are**

### **Richard L. Reda, LUTCF**

- Agency Managing Director, Mass Mutual
- Insurance and Financial Advisor Since 1992
- Member of NAIFA & SFP
- Provides planning advice to Individuals, Professionals & Business Owners and their Families



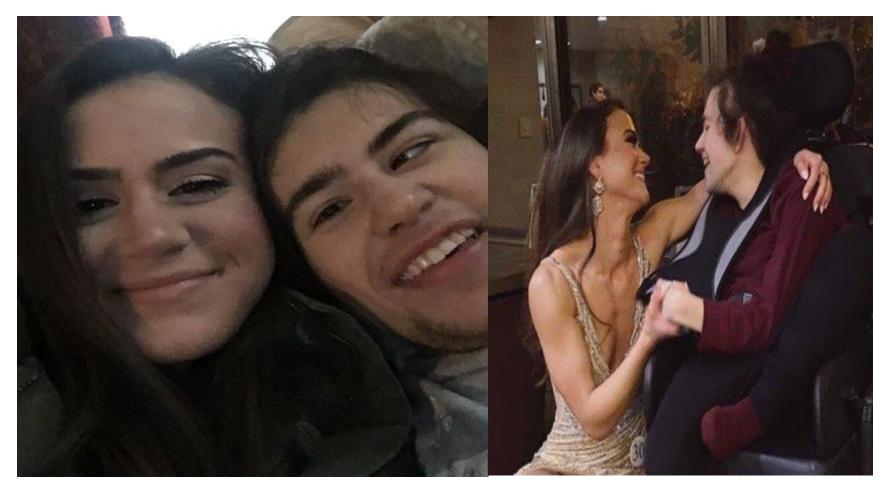
## **Profile: Who We Are**

### James J. Di Gesu, CPA, PFS, MBA

- CPA/Financial Planner & Wealth Advisor with over 37 years of experience
- Sr. Wealth Advisor at *Belpointe Wealth Management*
- Clients include professionals, executives, retirees, professionals, business owners and their families
- Serves families with special needs children, *Advisors for Angels*
- Sr. Vice President of *Wealth Health*
- VP, Private Wealth Management, *Bank of New York Mellon*
- Sr. Tax Manager with *KPMG* and *Deloitte & Touche*
- Member of AICPA, NJSCPA
- Graduate of Seton Hall & Fairleigh Dickinson Universities



### My Daughters: Andrea & Michela







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## Special Needs Families in America Today

#### US Census Bureau Report – 2020

- In the US over 3 million children have a disability.
- These 3 million children represents 4.3% of the population under the age of age 18.
- Fewer than 1% of children under the age of 5 have a disability.
- 5.5% of children ages 5 to 15 have a disability.
- 6.1% children ages 15 to 17 had a disability.







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### **Reasons to Save, Prepare & Protect**

- Increasing Population with Disabilities
- Increasing Demands for Services
- Increasing Life Expectancy
- Increasing Costs of Care
- Shrinking Government Resources











### **Estate Planning & Government Benefits**





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## **Estate Plan Components**

- Legal documents are cornerstones of estate planning and special needs planning
  - ✓ Wills
  - ✓ Trusts
  - ✓ Durable Power of Attorney
  - ✓ Health Care Proxy
  - ✓ Living Wills
  - ✓ Beneficiary Designations
- The documents alone will not deliver the necessary results
- Collaborate with a Special Needs Attorney









## **Government Benefits**

#### Supplemental Security Income (SSI): Means tested assets, income

- Medicaid: Medical Insurance coverage if on SSI. Medical and means tested.
- ✓ Covers most group living arrangements.

#### Social Security Disability Insurance (SSDI): Non means tested

Medicare: Medical Insurance coverage
 Does not cover living arrangements

#### Disabled Adult Child Social Security (DAC): Non-means tested

✓ Disability must occur prior to age 22.
✓ Eligible if parent receives SS, becomes disabled or dies.









## **Government Benefits**

# How Do I Provide Money or Assets to My Child and Avoid Loss of SSI and Medicaid?

- DO NOT leave the money to the child with special needs
- DO NOT leave the money to someone you trust to spend properly
- Leave the money to a SPECIAL NEEDS TRUST





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### **Special Needs Trusts**



#### **Supplemental Benefit or Special Needs Trusts**

- 1. Third Party Trust
- 2. Self-Settled Trust (d)(4)(A)
- 3. Pooled Trust (d)(4)(C)









## **Special Needs Trusts**

### **Use of a Special Needs Trust for a Special Needs Child:**

- Assets from SNT can supplement but can not replace government benefits
- Can be an *inter vivos* trust to receive gifts or inheritance from parents or others
- Parents need to communicate with family members to allocate gifts/bequests to SNT and not to child directly
- SNT can be revocable or irrevocable

Planning Point: State law can affect structure & requirements of SNT







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## **Special Needs Trusts**

### Use of a Special Needs Trust for Your Child:

- 1. Funding of Special Needs Trust ("SNT") at death.
- 2. Allocation to SNT before other children receive assets or divide assets equally between all children.
- 3. Cap amount to special needs child consider funding necessary amount with insurance.
- 4. The child with special needs can have no control or access to the trust funds.







## **Special Needs Trust**

### Use of a Special Needs Trust for a Special Needs Child

Assets of SNT's can ONLY be used to *Supplement* Gov't Benefits:

- Purchase of home
- Clothing, household and personal items
- Education, tuition, books, supplies, etc.
- Vacation, travel, entertainment
- Other

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Assets of SNT's can NOT be used for the following:

- Can NOT give cash to the child
- Can NOT give cash to the family of the child

Assets of SNT's should be careful using funds for the following:

• Food and Housing Expenses





## **Selecting Trustees**

#### Who Should be a Trustee?

- Parent
- Corporate or other professional Trustees
- Successor Trustee

### **Responsibilities of a Trustee**

- Invests and manages assets
- Distributes income and/or assets to the child
- Advocate for medical and financial entitlements
- Recordkeeping ability, knowledge of accounting and tax-planning
- Willingness to serve the duration of trust term

### **Attributes of a Trustee**

- Acts in the best interest of the child
- Possesses integrity, impartiality
- Experience as a Trustee, has degree of financial savvy
- Has special sensitivity to a child with disabilities





### **Protection Planning**



## **Use of Life Insurance**

### **Decisions**, **Decisions**:

- 1. How much life insurance is necessary?
- 2. What type of life insurance is best for parents of a special needs child?
- 3. How should the life insurance be owned?
- 4. What are the biggest mistakes made related to life insurance by families with special needs child?







## **Types of Life Insurance**

- 1. Term
- 2. Permanent or Whole Life
- 3. Universal
- 4. Variable
- 5. Survivorship or Second-to-Die









### **Commissioners Standard Ordinary (CSO)**

### **Mortality Tables**

✤ 1958 Age 90

- ✤1980 Age 100
- **\***2011 Age 121
- **\***2017 Age 121





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## **Use of Life Insurance**

#### **Decision, Decisions - Again**

- 1. How much insurance is necessary?
- 2. What is the cost and the affordability?
- 3. What type of life insurance is best? Permanent vs. Term
- 4. Should we buy multiple policies and types?
- 5. How should the life insurance be owned?
- 6. Can we use a trust or ILIT?
- 7. Can a child with special needs be named policy owner?
- 8. Who should be named Beneficiary Designation(s)?







## **Other Insurance Coverage**

### **Do NOT Overlook Other Forms of Insurance**

- **Disability** Insurance
- Health /Medical Insurance
- Property & Casualty Insurance
- Umbrella Insurance
- Long Term Care Insurance







## Life Insurance in a Trust

### **Avoiding Pitfalls and Common Mistakes**

- Use of ILIT as logical owner
- Child with special needs should NEVER be named policy owner
- Proper Beneficiary Designation(s): SNT's
- 3-year "Look Back" Period
- Overpaying for Term Insurance
- Insurance can meet the long-term needs of a special needs child but must be done with care!







## Managing Investment Assets for Both Today & Tomorrow





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## **Special Needs Trust**

#### **3** Questions You Must Ask Before Funding the SN Trust

#### *Q1:* How Much Money Is Necessary?

A: We must calculate the cost of care needed for your child's life.

#### **Q2:** Can Parents or Others Leave Assets to the SNT?

- A: Yes. If estate assets are insufficient, the trust may NOT meet your child's lifetime expenses.
- A: Must consider allocation of assets between your child with special needs and their siblings.

#### Q3: Can Life Insurance Proceeds Provide Cash to the Trust?

A: Yes. And this can become a cash source to help meet your child's lifetime needs.



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### What Are the Best Options to Consider?

- 1. You can make no decisions or no plans, or;
- 2. You can make gifts or leave assets to your child, or;
- 3. You can disinherit your child, or;
- 4. You can distribute assets directly to other children or;
- 5. You can leave assets to a future caregiver, or;
- 6. You can and should establish a Special Needs Trust and SAVE & INVEST for your child!!!



### **Reasons for Saving & Investing NOW**

### As a Parent What Keeps You Awake at Night?

All parents are concerned for their child about the following:

- > Their Future Independence
- Their Financial Security, and;
- > Their Quality of Life



## Investment Management of Special Needs Trust

- 1. Lifetime Needs Analysis
- 2. Investment Objectives & Strategy
- 3. Determine Investment Approach
- 4. Prepare Asset Allocation
- 5. Evaluate Investments
- 6. Selection of Investment Managers
- 7. Provide Reporting to Trustee/Family
- 8. Monitor Investment Performance











### **Investment Management** of Special Needs Trust

#### What Do WE Provide?

- Independent RIA
- 2. Family Office

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- 3. **Customized Approach**
- 4. **In-House Money Managers**
- 5. Use SMA's, Mutual Funds, ETF's
- 6. **Traditional Active Management**
- 7. Tactical Active Management
- 8. Alternative Investing Programs
- 9. Review Fees, Expenses and Costs





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### **Reasons to Plan Now**

### **Special Needs Families & the Impact of Planning**

- People with a financial plan are more optimistic about their financial future than those without a plan.
- Nearly 9 of 10 people who have a financial plan believe the benefits far outweigh any costs incurred.
- Positive financial behaviors like saving money and limiting debt can have a significant impact on people's financial outlook and sense of security.
- People with a financial plan are more likely to stay the course and exhibit disciplined financial behavior.







# **Special Needs Planning Process**

### 9 Planning STEPS:

- 1. Address your family's needs and your child's needs
- 2. Identify available resources and shortfalls, too
- 3. Estimate the expenses and related costs
- 4. Use financial & legal planning to meet needs
- 5. Create the financial plan
- 6. Execute the legal plan
- 7. Make the best decisions possible about the future
- 8. Monitor, update and revise the plan
- 9. Be sure to choose and work with knowledgeable professionals



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# Planning: Striking A Balance!

### **Simplifying the Planning Process with 3 Components:**

- 1. Plan for the parent's financial security and future goals.
- 2. Plan for the child's financial security and future goals.
- 3. Integrate the first and second components with all the available support, resources along with any governmental benefits.







## **Questions to Consider**

- 1. What kind of lifestyle is desired?
- 2. Where and with whom will your child live?
- 3. Who will make the financial decisions?
- 4. How will living expenses be met?
- 5. Who will make the health care decisions?
- 6. What type of care will be required?
- 7. What about the child's education?
- 8. Will a guardian or conservator be necessary?
- 9. What will the impact be on other family members?
- 10. What unforeseen challenges could arise?









## **Next Steps to Take**

- 1. Think about the many challenges you may be facing.
- 2. Think about what we you can do to resolve them.
- 3. Contact us to schedule a Free Consultation.
  - Together we will review your options to plan for you, your family, and your child.





### **Thank You for Your Time!**

### Please Contact Us to Schedule Your FREE Consultation:

#### **Contact Information:**

James J. Di Gesu, CPA, PFS, MBA Visit my Website at Jamwap.com

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### **Thank You for Your Time!**

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